

Patient's Instructions

Skin Resurfacing Treatment

Post –Treatment Care:

Shortly after your treatment apply the Aquaphor® that was provided to you in the office over the area. The occlusive ointment should be applied 3 times a day for one week or until the skin is completely healed.

If needed a cool compress can be applied to the treated area.

IF needed you make take over the counter Tylenol if the area is causing discomfort, please follow instructions on bottle for use and dosage.

You can shower the next day after your treatment but do not allow hot water on the treated area.

You may gently wash the area with a mild soap to help exfoliate, but should reapply the occlusive ointment after the shower.

Apply normal skin car moisturizer and sun block after 4th-5th day

Adverse Effects of Treatment:

Pain

Scarring

Ulceration

Edema

Infection

Hyperpigmentation

Hypopigmentation

Erythema

Less than cosmetic outcome

Please call the office at (910) 295-0290 if you experience:

Pain that is unbearable and is not relieved with Tylenol

The treatment area looks infected or you start to run a fever, though this is extremely unlikely.