

My Patient Page

Registration Instructions with an Invitation Email from Pinehurst Surgical: (for patients)

If you are using a mobile device you can download the FollowMyHealth app to make registration easier. Also, if you register while at Pinehurst Surgical check your Wi-Fi connection and log on to “PSC Guest.”

“Click Here” to begin the registration process.

Invitation to join FollowMyHealth

FollowMyHealth <noreply@followmyhealth.com>

Sent: Tue 3/11/2014 9:26 AM

To: McNeill, Hunter

Dear Father *Test,

Congratulations on joining the new generation of patients who are taking a proactive role in managing their health care with FollowMyHealth.

[Click Here](#) to begin the registration process.

#1 Choose a login method on the registration screen. Use one of the IDs you already have for Google, Yahoo, Facebook or Windows Live. If you do not already have one of these accounts, you will be prompted to create a Google account for a login.

#2 Accept the agreement to share your email/username. This is solely for the purpose of authenticating your online health record account. Your email will never be shared or sold.

#3 Enter your Invitation Code. This is the last four digits of your social security number or number provided by clinic. Click “Agree” to the release of information.

You will then be ready to access and manage your personal health record in a secure online environment 24 hours a day / 7 days a week, from any computer, smartphone or tablet!

Don't forget – with FollowMyHealth you can review your medical information...update your demographic data...connect with physician offices for secure messaging...make new appointments...request prescription refills and so much more!
Thank you for signing up to use FollowMyHealth!

Sincerely,

Your FollowMyHealth team

- Bookmark FollowMyHealth Universal Health Record online at <https://www.followmyhealth.com/bookmark>



The banner features a woman looking at a laptop on the left. On the right, the text reads: "FollowMyHealth™ Universal Health Record". Below this, it says: "Welcome to FollowMyHealth™, an innovative health engagement solution that empowers patients to take a more active role in managing their care." and "FollowMyHealth is used by tens of thousands of physicians as the “power” behind their hospital or clinic’s specific patient portal." At the bottom, it states: "Whether you’re looking to keep an eye on your weight, monitor your blood pressure, or manage a chronic condition, FollowMyHealth is the tool for you!". Two large blue buttons are at the bottom: "Create an Account" and "Add This Connection". A small "Help | Español" link is in the bottom right corner.

Click “Create an Account” if you do not have a FMH account.

Click “Add This Connection” if you already have a FMH account.




Select a login method:

FMH: Creates a login specifically for FMH and can be used with any organization that utilizes this software.

OpenID: Creates a login to FMH using existing credentials with Facebook, Google, Yahoo, Windows, and Cerner Health.

Click the preferred method to continue registration.



including:

Create Your FMH Secure Login

Already have a FMH Secure Account? [Click Here to log in](#)

Create Your Username
Username must begin with a letter and may not contain spaces or special characters

Create Your Password
Password should be at least 8 characters in length, and include at least one numeric and one special character

Confirm Password

Enter your valid email address below. This is where we will send future communications regarding resetting forgotten passwords.

Email

Confirm Email

Fill out required information,

Unique username

Username must begin with a letter and may not contain spaces or special characters

Secure password

Password should be at least 8 characters in length, and include at least one numeric and one special character, such as: !@#\$\$%^)&*-(

Email address

This is where FMH will send future communications regarding your FMH Secure Login account, including resetting forgotten passwords.

Click 'Continue'

An account creation confirmation will be sent to the designated email address. The email displays your username for future reference and gives you the option of canceling your account if this email was delivered in error. **Print for your records.*

FMH Secure Login Account Created

noreply@FollowMyHealth.com

Sent: Tue 3/11/2014 9:46 AM

To: McNeill, Hunter

Hello,

Please keep this email for your records. You have requested to create an account with FMH Secure Login. You have chosen:

Username: **fathertest00**

If you did not create this account, click the following link to cancel this request: [Cancel Account](#)

You can also manage your FMH Secure Login preferences by logging into your Universal Health Record account and accessing **Login Preferences** under **My Account > Preferences**

Thank you,
FMH Secure Login Services

In addition to the email, you will be prompted to login to FMH. Enter credentials and click 'Log In'



FMH Secure Login Creation Successful!

Enter Your FMH Secure Login Username and Password to continue

Username

Password

Log in

[Forgot your password?](#)

Begin a 5 step process to connect your account. Click 'Next'.

Connect your account

Step 1: Welcome

Welcome Father,

These screens will take you through the 5-step process of connecting your Universal Health Record to Parent(UNDER CONSTRUCTION). Please allow sufficient time to complete this process from start to finish. If your session is interrupted, you will be asked to start again from the beginning.

Please click "Next" to continue.

Next

Step 2: Accept Terms of Service. Click 'I Accept'.

Connect your account

Step 2: Accept Terms of Service

Please review the terms of service below: [Print](#)

FollowMyHealth Universal Health Record

Terms of Use

Welcome to the FollowMyHealth Universal Health Record. All users of this web site, as well as the FollowMyHealth Universal Health Record and all related products and services (collectively, the "Service") are subject to the following terms and conditions of use (these "Terms of Use"). Please read these Terms of Use carefully before accessing or using any part of the Service. By accessing or using the Service, you agree that you have read, understand and agree to be bound by these Terms of Use, as amended from time to time, and agree to be bound by Jardogs' [Privacy Policy](#), which is hereby incorporated into these Terms of Use. If you do not wish to agree to these Terms of Use, do not access or use any part of the Service.

Definitions

By clicking on 'I Accept' below you are agreeing to the Terms of Service above and the [Privacy Policy](#).

I Accept I Decline

Step 3: Enter Invite Code. Click 'Next'.

**Remember the default code is the last four of the SSN. Details are provided.*

Connect your account

Step 3: Enter Invite Code

The invite code is a secret between the patient and the healthcare provider with whom you are connecting. If you were not given a code directly from your provider, it will most likely be either the last four digits of your social security number or year of birth (yyyy). Remember, if you are setting up a proxy account for a child or dependent adult, the code applies to that patient and will be the his/her last four digits of social security number or year of birth (unless you were given a specific invite code from the provider for that patient).


For more information, please refer to the invitation email you received from noreply@followmyhealth.com or contact your provider.

Next


A congratulations email will be generated and delivered to the designated email address.

Welcome to the family!

FollowMyHealth <noreply@followmyhealth.com>

 Click here to download pictures. To help protect your privacy, Outlook prevented automatic download of some pictures in this message.

Sent: Tue 3/11/2014 9:58 AM
To: McNeill, Hunter



Congratulations!

You are now part of the new generation of patients taking a more active role in managing their care. With FollowMyHealth™ you can access and manage your health information in a secure, online environment - 24 hours a day / 7 days a week.

In addition to monitoring your health, you can*:

- View test results
- Refill prescriptions
- Request appointments
- Pay bills
- Communicate with your doctors
- Fill out forms prior to doctor visits
- Create customized charts
- Download apps to wirelessly track vitals

If you haven't already watched the tutorial video, [click here](#) for a 3 minute introduction to FollowMyHealth. To view answers to frequently asked questions, [click here](#).

Here's to your health!

FollowMyHealth

*features vary among organizations and providers

Step 4: Release of Information. Click 'I Accept'.

Connect your account

Step 4: Release of Information

Please review this Release of Information and click "I Accept" or "I Decline" below. [\[Print\]](#)

FollowMyHealth
Release of Information Authorization

By signing where indicated below, I hereby authorize:


Parent(UNDER CONSTRUCTION), on its own behalf and on behalf of: (1) all of its subsidiaries and otherwise affiliated entities for which it has the authority to act or direct use or disclosure of its electronic health data; (2) each of their respective employees, independent contractors and agents; and (3) each of their respective employed or contracted health care providers, as applicable (collectively, "Parent(UNDER CONSTRUCTION)"), to disclose the following information to the FollowMyHealth portal and its administrators and operators (except when disclosure is prohibited by applicable State law):

Any and all data and health information about me maintained by Parent(UNDER CONSTRUCTION), including but not limited to information related to the following

Step 5: Upload Health Record. Information(meds, pharmacies, problems, results, etc.) will be transferred from the EMR to the personal health record.

Connect your account

Step 5: Upload Health Record



Retrieving Pharmacy Information...

Confirmation emails from both orgs will follow as noted below.

From: FollowMyHealth [mailto:noreply@followmyhealth.com]
Sent: Tuesday, March 11, 2014 11:24 AM
To: McNeill, Hunter
Subject: Connection to FHSS(UNDER CONSTRUCTION) Successful

Dear Father *Test,

Welcome! You have been successfully registered for the FollowMyHealth Patient Portal.

[View your updated health record at FollowMyHealth.](#)

Regards,
The FollowMyHealth Patient Portal Team

From: FollowMyHealth [mailto:noreply@followmyhealth.com]
Sent: Tuesday, March 11, 2014 11:24 AM
To: McNeill, Hunter
Subject: Connection to PSC(UNDER CONSTRUCTION) Successful

Dear Father *Test,

Welcome! You have been successfully registered for the FollowMyHealth Patient Portal.

[View your updated health record at FollowMyHealth.](#)

Regards,
The FollowMyHealth Patient Portal Team