

Patient's Instructions

Femilift

What is Femilift?

Femilift is a laser-assisted procedure designed to improve vaginal irregularities through resurfacing. It tightens the vagina and treats stress urinary incontinence and painful intercourse.

What to expect during the procedure

You will be placed in the same position as if you were having your annual exam.

You as well as the provider will be given protective eyewear to wear during the procedure.

The device that will come in contact with you is a single person sleeve that will go over the device. We will keep this sleeve for your treatments and then give to you to bring back for your 1 year follow up.

The entire treatment takes about 5 minutes.

The treatment is virtually pain free, though some women have been known to be more sensitive to the treatment if performed around the time of your period.

This is a minimally invasive treatment and there is no bleeding expected from the treatment.

What to expect after the treatment

No intercourse for 3 days after the treatment.

Do not insert anything into the vaginal area for 3 days after the treatment.

Most exercises can be started immediately after treatment, but strenuous exercise should be avoided for 3 days after the treatment.

If you have any questions or concerns after your treatment, please do not hesitate to call our office at (910) 295-0290.