

Patient's Instructions

Essure Instructions

Going Home

Obtain a completed ID card before you leave. Keep your ID card with you at all times and present it to other doctors involved in your present or future care.

Schedule your Essure Confirmation Test (see below) for 3 months from now.

When you are Home

If you are experiencing cramping, follow your doctor's instructions regarding pain medication.

Medication Instructions:

You may feel faint or nauseous. Follow your doctor's recommendations regarding activity during the first 24 hours following your procedure.

Spotting or light bleeding is normal. If bleeding becomes heavy, you suspect you may be pregnant, or you become concerned, please contact your doctor.

You must use alternative contraception until your physician documents a satisfactory Essure Confirmation Test. You may have intercourse on _____.

Please call your doctor if your period is more than 5 days late or you suspect you may be pregnant.

Please call your doctor if you have persistent and/or severe cramping or pain.

3-month Essure Confirmation Test

You must use alternative contraception until satisfactory Essure Confirmation Test is documented. Only at that point can you rely on Essure for birth control.

If you rely on the Essure device for birth control before completing the Essure Confirmation Test, you may get pregnant or have an ectopic pregnancy (pregnancy outside of your uterus, but inside the body). Ectopic pregnancies can be life-threatening; so if you think you might be pregnant, please call your physician.