

Patient's Instructions

Endometrial Biopsy

What is an endometrial biopsy?

- An endometrial biopsy is a procedure performed in our office to obtain a sample of the lining of the uterus (endometrium).
- Your provider may suggest an endometrial biopsy to assess the following:
 - Abnormal uterine bleeding
 - Bleeding after menopause
 - Infertility
 - Results of Pap smear

Preparing for an endometrial biopsy

- Anesthesia is not required for this procedure
- It is suggested that you take Ibuprofen 600-800 mg as recommended by your provider prior to your appointment. This will alleviate any cramping associated with the procedure, as long as you are not allergic to Ibuprofen or aspirin

During the Procedure

- The entire procedure only takes a few minutes
- You will lie on the exam table with your feet in stirrups
- Your provider will place a metal speculum into the vagina and then clean the cervix with an antiseptic agent, betadine.
- Then they will place a tiny straw-like tube through the cervical opening into the uterine canal, at which time they will take a sample of cells.
- During the procedure you may feel some menstrual-like cramping, this is common.

After the procedure

- It is normal to experience some cramping and bleeding from the biopsy. You can expect that there will be some spotting one to two days after the biopsy.
- If you need to take something for the discomfort, you can take over-the-counter pain reliever like Ibuprofen 600-800mg or Aleve 200mg
- The biopsy will be sent to our lab and might take a couple of days to get the results back. We will discuss these results with you at your follow-up appointment or with a follow-up phone call.
- Avoid any sexual relations or tampons use for at least 24 hours after the biopsy.

Please call the office

- If you experience:
 - Heavy bleeding (soaking more than one pad per hour for three hours)
 - Fever greater than 100F within the first 2 days following the procedure
 - Significant pelvic or abdominal pain, not relieved with over-the-counter pain relievers.
 - Foul smelling vaginal discharge.